

# OUR GUIDEUNES

#### Jesus:

Christ is our foundation; we seek His guidance and strength.

### Anonymity:

What's shared here, stays here.

### Vulnerability:

Be open and honest to foster growth.

## Encouragement & Accountability:

Support and hold each other accountable.

### Discernment:

Respond with wisdom and what's beneficial.

#### Respect:

Treat everyone with dignity and kindness.

### Work Beyond Group:

Apply recovery tools daily.

### Read the Room:

Be mindful of time, emotions, and atmosphere.

## Punctuality:

We start on time.